

Images in Clinical Hematology

Diffuse mucocutaneous hyperpigmentation related to hydroxyurea

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Case presentation

A 63-year-old woman developed diffuse mucocutaneous hyperpigmentation post-hydroxyurea treatment for myelofibrosis. Hyperpigmentation appeared on eyelids, nasal ala, tongue, and palms without discomfort. Extensive investigations ruled out common causes; the patient had no prior dermatological conditions. Hydroxyurea was deemed causative

due to temporal correlation. Counselling emphasized benign nature, recommending continued therapy with monitoring.

Hydroxyurea-induced skin changes include ulcerations, melanonychia, and hyperpigmentation.¹ Mechanism involves photosensitization, toxicity, genetic factors, possibly increased melanin, and iron deposition.^{2–4} Management includes reassurance, differential evaluation, and discontinuation in severe cases.⁵ This case differs from typical singular-site presentations, presenting a rare, multifocal pattern.^{1,3–6} Figures 1 and 2.

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Figure 1 – Bilateral periorbital, nasal ala, and lingual pigmentation.



Figure 2 – Diffuse macular palmar pigmentation.

Conflicts of interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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