

NDMM-eligible pts. Response rates demonstrate clinical benefit, with a similar follow-up between the CASSIOPEIA trial and the present study, the PFS and OS data being similar, as well. A longer follow-up is necessary to demonstrate an advantage of lenalidomide maintenance in this setting.

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SMOLDERING MULTIPLE MYELOMA IN LATIN AMERICA

EQ Crusoe^{a,b}, AV Glasenapp^c, GN Ribeiro^d, L Perobelli^e, P Ochoa^f, FVP Souza^g, S Lopresti^h, JS Filhoⁱ, C Pena^j, V Hungria^k

^a Oncologia D'Or, Salvador, Brazil

^b Universidade Federal da Bahia (UFBA), Salvador, Brazil

^c Hospital Central IPS, Asunción, Paraguay

^d Clínica Hematológica, Brazil

^e Hospital de Transplantes Euryclides de Jesus Zerbini - Hospital Brigadeiro, São Paulo, Brazil

^f Instituto Alexander Fleming, Buenos Aires, Argentina

^g Centro de Hematologia e Hemoterapia (Hemocentro), Universidade Estadual de Campinas (UNICAMP), Campinas, Brazil

^h Hospital Nacional Alejandro Posadas, Buenos Aires, Argentina

ⁱ AC Camargo Câncer Center, São Paulo, Brazil

^j Hospital Del Salvador, Santiago, Chile

^k Clínica São Germano, São Paulo, Brazil

Introduction: Smoldering multiple myeloma (SMM) is an asymptomatic clonal plasma cell disorder with a prevalence of 0.5% in the > 40 yrs population. Effort has been made to characterize these patients in the real world. There is scarce data about SMM in Latin America (LA) and we aimed to characterize SMM in this region. **Methods:** A consortium between the Brazilian and Latin America myeloma study groups (GBRAM-GELAMM) were established to conduct a retrospective cohort study of SMM cases diagnosed from 2015 to 2023. Data collected included demographics, diagnostic and prognostic tools. We also captured data of progression to MM and SMM management. Progression-free survival (PFS) and overall survival (OS) were calculated. **Results:** A total of 247 pts had been included, from 35 different institutions belonging to eight different countries. Ninety-five (38.5%) of pts were followed in the public health sector (PS). The median age at diagnosis was 64 (34-90) yrs and 158 (64%) patients were female. The immunoglobulin isotype were IgG, IgA and light chains in 158 (64%), 70 (28.3%) and 14 (5.7%), respectively. Regarding exams availability, 210 (85%) pts had FLC analysis, 111 (44.9%) pts had a total body MRI or PET-CT and 106 (42.9%) pts had low radiation total body CT. A total of 191 (77.3%) pts had all the 20-20 criteria available from whom 74 (38.7) were low risk, 61 (32.9%) were intermediate risk, 56 (29.3) were high risk. From the total of patients included 59 (23.9%) progressed, from whom 10 (4%), 14 (5.7%), 18 (7.3%) and 17 (28.9%) were low, intermediate, high risk and unknow data, respectively.

Median time to progression was 34 (3-136) months, and 11 patients had progressed over 12 months from diagnosis. Chance to progression considering the risk factors from 20-20 criteria was identified but not significant ($p = 0.08$). Thirteen (5%) pts died or lost follow-up. The median follow-up was 42.2 months. **Discussion/Conclusion:** This is the first cohort with representation of patients with SMM in LA. Although the majority of MM patients in LA are followed in the public sector, only 40% of the SMM cases in the present study belong to this sector, revealing the access difficult to diagnosis tools for SMM cases in the public sector. The majority of pts did have access to CT, MRI, PET, FLC assay and bone marrow study, which we interpret as a correct identification of SMM criteria in our cases. The 20-20 criteria works for the study population stratification although no statistical difference was observed, possibly due to the number of cases and/or short follow-up.

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MIELOMA MÚLTIPLO E VITAMINA D: UMA REVISÃO DE ESCOPO

ADES Cucinelli, B Giorno, JBM Oliveira

Universidade Federal Fluminense (UFF), Niterói, RJ, Brasil

Objetivo: Esta revisão tem como objetivo analisar as evidências científicas sobre a relação entre os níveis de vitamina D e o desenvolvimento de mieloma múltiplo (MM). **Metodologia:** Foi realizada uma revisão de escopo seguindo o protocolo PRISMA Extension for Scoping Review (PRISMA-ScR). Pesquisou-se nas bases de dados SciELO, PubMed e LILACS usando os termos ("multiple myeloma") AND ("vitamin D" OR "25-hydroxy vitamin D"). Incluíram-se artigos dos últimos 5 anos em inglês, português e espanhol. Excluíram-se artigos incompletos, duplicados ou fora do tema. Foram recuperados 183 artigos, dos quais foram eliminadas duplicatas e realizados os processos de revisão por pares com a ferramenta Rayyan. Dois revisores selecionaram títulos e resumos independentemente, e os textos completos foram analisados, com um terceiro revisor resolvendo conflitos. **Resultados:** Após a aplicação dos critérios de elegibilidade foram selecionados 35 artigos para esta revisão. Os resultados foram categorizados em três grupos: benefícios da suplementação de vitamina D, desvantagens e fatores genéticos associados ao MM. **Discussão:** A suplementação de vitamina D apresenta diversos benefícios terapêuticos no MM, como melhora na resposta à quimioterapia, modulação do sistema imunológico e promoção da diferenciação celular, aliviando dor óssea e fraqueza muscular, e aumentando a sobrevivência. A vitamina D também pode ter efeitos neuroprotetores, reduzindo a neuropatia periférica, a prevalência da doença e melhorando o prognóstico. Contudo, não há evidências de que a vitamina D afete lesões ósseas ou marcadores bioquímicos do metabolismo ósseo. Fatores genéticos, como polimorfismos no gene do receptor de vitamina D (VDR), estão associados ao aumento do risco de MM. As desvantagens da suplementação incluem a possibilidade de toxicidade (hipercalcemia), interação com