Modern techniques of magnetic resonance in the evaluation of primary central nervous system lymphoma: contributions to the diagnosis and differential diagnosis

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ABSTRACT

In addition to findings from conventional magnetic resonance imaging, modern magnetic resonance imaging techniques have provided important information about tumor metabolism, in vivo metabolite formation, water molecule diffusion, microvascular density, and blood-brain barrier permeability, all of which have improved the in vivo diagnostic accuracy of this method in the evaluation of primary central nervous system lymphoma. These nonconventional magnetic resonance techniques are useful in the clinical practice because they enhance conventional magnetic resonance imaging by reinforcing the possibility of a diagnosis and by allowing the early detection of disease recurrence.

This report is a review of the most relevant contributions of nonconventional magnetic resonance techniques to the imaging diagnosis of primary central nervous system lymphoma, the differential diagnosis of this disease, and the prognosis of patients. This paper aims to describe a wide range of presentations of primary central nervous system lymphoma, their appearance in imaging, and the differential diagnoses of this disease.

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Introduction

Primary central nervous system lymphomas (PCNSL) have a predictable imaging appearance in their classical presentation. Conventional magnetic resonance imaging (MRI) features can be suggestive of PCNSL but are not specific. Because of the form of presentation, the list of differential diagnoses is long, and mainly includes inflammatory/infectious diseases particularly of the central nervous system.
system (CNS), toxoplasmosis in AIDS patients, and primary and secondary malignancies.1-3

Modern techniques of magnetic resonance have increased the clinical applicability of this imaging method because they provide important information about tumor metabolism, in vivo metabolite formation, water molecule diffusion, microvascular density, and blood–brain barrier (BBB) permeability. Although histology and an investigation of the cerebrospinal fluid for meningoencephalitis are still the gold standard in the diagnosis of CNS lymphoma, these advanced techniques can improve the diagnostic accuracy of PCNSL, particularly when the brain parenchyma is affected.1-4,9

This report is a review of the most relevant contributions of advanced MRI techniques to the imaging diagnosis of PCNSL, the differential diagnosis of this disease, and the prognosis of patients.

### Contribution of nonconventional magnetic resonance techniques to the diagnosis of primary central nervous system lymphoma and the prognosis of patients

The various imaging methods that are currently available no longer exclusively provide descriptive anatomical information. Now advanced imaging techniques allow an assessment of functional parameters, thereby maximizing the potential of these techniques for an accurate diagnosis and treatment assessment.

Despite treatment advances, survival among PCNSL patients in the United States has remained poor. However, survival has improved over time in the subset of PCNSL patients who are human immunodeficiency virus (HIV)-negative.10

Nonconventional MRI techniques are useful in the clinical practice because they enhance conventional MRI by reinforcing the possibility of a diagnosis of PCNSL, by contributing to the prognosis of patients, and by allowing the early detection of disease recurrence.1,8,11

### Diffusion-weighted imaging

Diffusion-weighted imaging (DWI) reflects the macromolecular motion of intra- and extracellular water and is helpful in distinguishing between PCNSL and other tumors and tumor-mimicking lesions. Due to the hypercellularity of PCNSL, water diffusion is often restricted, which makes these tumors appear hyperintense on DWI and hypointense on apparent diffusion coefficient (ADC) maps. A decreased ADC value indicates increased cellularity.5,8,12 The technique that is generally used to determine the ADC value involves calculating the ADC ratio of the solid component of the tumor and comparing this ratio to that of the normal–appearing white matter. Restricted diffusion with an ADC threshold value ≤1.1 × 10⁻³ mm²/s has been recommended to differentiate PCNSL from other intracranial focal lesions.3 An ADC threshold value >1.6 × 10⁻³ mm²/s increases the probability of a diagnosis of toxoplasmosis over PCNSL in immunocompromised patients. However, there has been significant overlapping in these values in necrotic ring-enhancing lesions.4,13

A recent report revealed that low ADC values in pretherapeutic tumors were predictive of shorter progression-free survival and overall survival. Furthermore, increasing ADC values during treatment suggest a positive response to therapy, whereas decreasing ADC values suggest tumor progression.12

Diffusion tensor imaging (DTI) takes advantage of highly ordered white matter fibers, which have a directionally ordered structure due to preferential water diffusion along the longitudinal axis of axons and myelin sheaths. This technique has recently emerged as a sensitive tool for the detection of alterations in the structure of white matter. Additionally, different degrees of cellularity and cellular organization may affect the fractional anisotropy (FA) value. The FA values for PCNSL are significantly lower than those for glioblastoma; therefore, these values can help in the differentiation of these tumors.14

Further studies that combine histological correlation techniques with imaging findings are needed to determine the impact of the measurement of ADC on patient prognosis and treatment planning. However, we recommend performing a careful ADC analysis of different solid parts of the tumor before treatment and after treatment as an additional noninvasive tool to estimate local in vivo responses.

### Perfusion-weighted imaging

Perfusion MRI can be used to estimate the nutritive delivery of arterial blood to the capillary bed in biological tissue using signal intensity–time curves to determine the capillary density in dynamic susceptibility contrast (DSC) T2-weighted echoplanar sequences. The post-processing of acquired data allows for a semiquantitative analysis of physiological parameters, particularly of the relative cerebral blood volume (rCBV), relative cerebral blood flow (rCBF), and time-to-peak (TTP). Another perfusion MRI technique that can be used to evaluate vascular permeability in a dynamic contrast-enhanced (DCE) T1-weighted sequence is to simultaneously administer an intravenous injection of a paramagnetic agent (gadolinium).

PCNSL are associated with mildly increased or occasionally decreased perfusion that is usually higher than that in most focal brain inflammatory, demyelinating and infectious diseases but lower than that in high-grade gliomas (rCBV > 1.75).7 PCNSL lesions are usually strongly enhanced due to the disruption of the BBB and the fast leakage across the BBB; however, these lesions show a low rCBV, which is in agreement with histological data that demonstrate a lack of neangiogenesis in lymphomas, mainly when they are highly cellular or there is considerable perivascular or intravascular tumor infiltration.3

The percentage of signal intensity that is recovered at the end of the first pass of the contrast agent relative to baseline is associated with contrast agent leakage, the size of the intravascular space, and the rate of blood flow. It is shown as a characteristic signal intensity–time curve on DSC-MRI. The mean percentage of signal intensity recovery is high (113.15 ± 41.59) in lymphomas, intermediate in glioblastomas (78.22 ± 14.27), and low in metastases (53.46 ± 12.87). This value is an additional sensitive and specific MRI parameter
that can be used to differentiate between malignant brain tumors.\textsuperscript{5}

Perfusion computed tomography (CT) is available but involves ionizing radiation and a more limited area of the brain. In contrast to MRI, only a few studies have been published on perfusion CT in brain tumors. However, the diagnostic value of perfusion CT in brain tumors may increase in the future due to its advantages related to spatial resolution and the linear correlation between the contrast concentration and the attenuation of the tissue.\textsuperscript{15}

Magnetic resonance spectroscopy

Proton magnetic resonance spectroscopy (MRS) allows for the semiquantitative evaluation of in vivo tissue to measure metabolites, such as N-acetylaspartate (NAA), choline (Cho), creatinine (Cr), lactate (Lac), and lipids (Lip). In PCNSL, MRS has demonstrated elevated Lip and Lac peaks, high Cho/Cr ratios, decreased NAA levels and high Cho/NAA ratios (Figure 1).\textsuperscript{4,11,16,17} The presence of Lac or Lip at baseline has been associated with poor progression-free and overall survival.\textsuperscript{11}

PCNSL grow rapidly and behave similar to high-grade brain tumors with evidence of high cell membrane turnover on MRS (a high Cho peak), neuronal damage (decreased NAA levels), and anaerobiosis (high lactate levels).\textsuperscript{4,11,16,17} These findings are similar to those for high-grade gliomas and metastases; however, the presence of this MRS pattern may help in the differential diagnosis of brain toxoplasmosis in immunocompromised patients, which typically exhibits elevated Lip peaks and no significant increases in Cho or its ratios.\textsuperscript{1,4,11}

Figure 1 – Diffuse large B-cell lymphoma in the corpus callosum. An axial T1 image after intravenous gadolinium administration (A) shows a homogeneous enhanced mass in the splenium of the corpus callosum, which is predominantly in the right hemisphere (arrow). An axial apparent diffusion coefficient map (B) confirmed a very low signal intensity in the solid lesion. Note the hyperintensity of the perilesional vasogenic edema. Proton magnetic resonance spectroscopy (C) shows decreased N-acetylaspartate levels and high choline/N-acetylaspartate and choline/creatinine ratios. Note the increased lipid and lactate peaks (0.9–1.3 ppm). A magnetic resonance perfusion sequence (dynamic susceptibility contrast magnetic resonance image T2*) (D) confirmed the absence of neoangiogenesis (low relative cerebral blood volume). Note the high percentage of signal intensity recovery (the ascending part of the curve above the baseline as indicated by the vertical arrowheads).
**Table 1** - Findings obtained using nonconventional magnetic resonance techniques that are useful for differentiating PCNSL from mimic lesions.

<table>
<thead>
<tr>
<th>Primary central nervous system lymphoma</th>
<th>Diffusion-weighted imaging</th>
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</thead>
<tbody>
<tr>
<td>Restricted water molecule movement (typically homogeneous in immunocompetent patients)</td>
<td>Apparent diffusion coefficient value</td>
</tr>
<tr>
<td>≤1.1 x 10⁻⁴ mm²/s</td>
<td>Proton magnetic resonance spectroscopy</td>
</tr>
<tr>
<td>Increased lipid and lactate levels (0.9–1.3 ppm)</td>
<td>Dynamic contrast-enhanced magnetic resonance imaging</td>
</tr>
<tr>
<td>Increased choline levels and decreased N-acetylaspartate levels</td>
<td>Dynamic susceptibility contrast magnetic resonance imaging</td>
</tr>
<tr>
<td>High permeability of the blood-brain barrier may be observed</td>
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</tr>
<tr>
<td>Lower relative cerebral blood volume (&lt;1.75) than in high-grade gliomas or metastases</td>
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<tr>
<td>A high percentage of signal-intensity recovery above the baseline would favor a diagnosis of lymphoma.</td>
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*Note: All of these features should be carefully interpreted in immunocompromised patients due to the occurrence of necrosis and hemorrhage and the considerable overlapping features between primary central nervous system lymphoma and brain infections, particularly early toxoplasmosis.*

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**Differential diagnosis**

The early diagnosis of PCNSL is crucial to define therapeutic procedures. When PCNSL are suspected based on imaging, a tissue biopsy is mandatory and gross tumor resection must be avoided. The nonconventional MRI features of PCNSL (Table 1) and mimicking brain lesions should be known in order to support the suspicion.

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**The imaging features of primary central nervous system lymphoma and other focal brain lesions and the differential diagnosis of these lesions**

PCNSL is associated with a higher nuclear-to-cytoplasm ratio and a relatively low intratumoral water content, which indicate prominent CT hyperdensity and hypointensity signals in T2-weighted images. These imaging features are important for distinguishing between PCNSL and other focal brain lesions that usually demonstrate a higher water content (hyperintense on T2-weighted images) such as gliomas, metastases, and tumefactive demyelinating lesions.

Neurosarcoidosis rarely presents as a brain tumor-like lesion but exhibits hypointensity on T2-weighted images and disseminates perivascularly with variable contrast enhancement without necrosis. Therefore, the differential diagnosis of PCNSL is crucial.

Metastatic diseases related to melanoma and renal cell, breast, and lung carcinomas are more likely to have blood products than PCNSL. Moreover, in contrast to PCNSL, brain metastases are usually located at the gray-white matter junctions (hematogenously disseminated) and they often incite marked peritumoral edema.

Several high-grade gliomas may exhibit hypointensity on T2 and often contain blood products with infiltrated margins and heterogeneous contrast enhancement, which makes it difficult to differentiate gliomas from lymphomas.

The classical ‘mirror image’ or ‘butterfly pattern’ that is due to the symmetrical involvement of the genu or the splenium of the corpus callosum has been observed in PCNSL. Subependymal disease may occur in both PCNSL and high-grade glioma. PCNSL lesions often have more restricted diffusion and lower ADC values than high-grade gliomas and metastases.

Peripheral enhancement patterns of PCNSL, including ‘ring-like’ and ‘open ring-like’ aspects, must be distinguished from those of classical brain demyelinaion. PCNSL have solid portions with thicker and non-uniform enhancement, which is not restricted to periventricular zones but affects deep gray matter as a single lesion or multiple lesions. Moreover, high Cho levels and Cho ratios (Cho/NAA > 1.9) on MRS, areas of restricted water molecule diffusion on DWI, the absence of high rCBV levels (<1.75) and a high percentage of signal intensity recovery above the baseline on DSC-MRI would favor a PCNSL diagnosis over other diagnostic possibilities.

When PCNSL are suspected, corticotherapy should be avoided or discontinued because tumor shrinkage results in radiographic regression in approximately 40% of patients (‘the vanishing tumor’), which is suggestive of PCNSL (Figure 2). The detection of a ‘vanishing tumor’ should not be considered in the diagnosis of PCNSL because sarcoidosis, brain demyelination, acute encephalomyelitis, and other malignancies (more rarely) can exhibit dramatic responses to steroids.

A DTI analysis may be used to distinguish between PCNSL and glioblastoma. A quantitative analysis of FA and ADC values found that these values were significantly decreased when the solid portions of the tumors were compared with normal-appearing white matter in the contralateral hemisphere. The FA and ADC values in primary cerebral lymphoma were significantly lower than those in glioblastoma.

The MRS findings for PCNSL, high-grade gliomas and tumefactive demyelinating lesions may be similar; therefore, we recommend a careful interpretation of this technique. It is useful to consider all of the conventional and nonconventional features to support the clinical presumption of each disease, to make a histological diagnosis, and to define therapeutic procedures.

Distinguishing between PCNSL and infectious brain lesions is difficult but clinically relevant, particularly in immunocompromised patients. In this setting, nonconventional MRI
may be used to differentiate focal brain lesions in PCNSL from neurotoxoplasmosis, cryptococcosis, tuberculosis and intracranial abscesses.\textsuperscript{21} DWI with ADC maps is useful to distinguish between toxoplasmosis and PCNSL. Early toxoplasmosis may be associated with areas of restricted diffusion on DWI; however, toxoplasmosis lesions have significantly greater diffusion than in PCNSL. ADC ratios that ranged from 1.0 to 1.6 have been reported for both PCNSL and toxoplasmosis, whereas ADC ratios greater than 1.6 were associated solely with toxoplasmosis.\textsuperscript{13} In addition, toxoplasmosis may be indicated by the presence of Lip and Lac and a decrease in the NAA/Cr ratio on MRS. Conversely, markedly elevated Cho levels would favor a PCNSL diagnosis.\textsuperscript{5,13} The accuracy of MRS is inversely proportional to the extension of necrosis (\textbf{Figure 3}).

The conventional and nonconventional MRI and pathological features of CNS post-transplantation lymphoproliferative disorder (PTLD) are similar to those of PCNSL and have been observed in immunocompromised patients.\textsuperscript{22–24} An imaging pattern that is associated with CNS PTLD includes peripherally enhancing intraparenchymal lesions, which are usually multifocal supratentorial masses that may extend to the ependymal surface leptomeninges with nodular enhancement. Imaging plays a crucial role in diagnosing disease, guiding biopsy and monitoring disease responses following therapy.\textsuperscript{25}

After solid organ transplantation, patients are at risk of developing several neurological complications, including neurotoxicity due to immunosuppressive drugs, seizures, encephalopathy, stroke, opportunistic infections, and PTLD.\textsuperscript{24}
Because of immunosuppression, transplant patients are at risk for developing several CNS infections that may lead to meningitis, encephalitis, and focal abscesses. Several CNS infections share many overlapping imaging features with PTLD, particularly in the first months after transplantation. Nonconventional MRI helps the prompt diagnosis of disease, the guidance of biopsy and the initiation of appropriate treatment.

**Peculiar presentations of primary central nervous system lymphomas**

Leptomeningeal infiltration in the course of lymphoma, particularly in systemic disease, is not rare. However, this imaging appearance is nonspecific and may alternatively occur after CNS invasion by infection or in several other primary and systemic malignancies (meningeal carcinomatosis). Associated periventricular masses, mainly with subependymal infiltration, may corroborate a diagnosis of CNS lymphoma in a differential diagnosis. Dural-based lymphoma, particularly the mucosa-associated lymphoid tissue (MALT) subtype, mimics meningiomas; therefore, a careful interpretation of imaging findings in the clinical scenario is recommended. Few reports have described the typical presentation of intracranial MALT lymphoma-mimicking globular meningiomas (Figure 4).

The diagnostic possibility of a cranial vault lymphoma is greater when the lesion involves the scalp, the skull bone, and...
The pachymeninges, mainly in the absence of bone erosion (Figure 5). However, this pattern of lesion is not specific to PCNSL because it has been observed in systemic lymphoma and in many mimic lesions, including metastatic infiltration from prostate carcinoma and breast cancer, osteomyelitis, meningioma, plasma cell tumors, and histiocytosis.29

A non-enhancing presentation of PCNSL was found in 1% of patients in a large series of immunocompetent patients and was documented in immunocompromised patients.21,30,31 ‘Lymphomatosis cerebri’ is frequently misdiagnosed as diffuse nonspecific leukoencephalopathy, Binswanger’s disease (subcortical ischemic vascular dementia), infectious encephalomyelitis including progressive multifocal leukoencephalopathy, toxic or metabolic abnormalities, unknown autoimmune diseases, or neoplasms such as gliomatosis cerebri.9,32–35 DWI and MRS may support a presumptive diagnosis of brain infiltrative neoplasia; however, an accurate diagnosis is only possible after a brain biopsy.36 MRS may show increased Cho levels and Cho ratios (Cho/NAA > 1.9), which suggest infiltrative neoplastic disease (Figure 6).35 DWI is variable and can depict heterogeneous areas with restricted water molecule movement. Perfusion MRI techniques are not helpful because the rCBV is not increased and there is no abnormal permeability of the BBB.

Intravascular lymphoma is often misdiagnosed as multifocal demyelination, septic encephalopathy, infectious lesions, or multifocal and recurrent strokes due to embolic diseases or CNS vasculitis (systemic or primary angiitis).34,37 Cerebral angiography may reveal multivessel segmental stenoses and dilatations (‘bead-like pattern’) that are consistent with vasculitis.38 Intravascular lymphoma may follow a relapsing-remitting or relapsing-progressive clinical course due to fluctuating ischemic damage caused by the small vascular occlusions.1,37 A correct presumptive diagnosis may be supported by persistent and progressive DWI abnormalities that are associated with variable gadolinium enhancement.36 An extensive imaging investigation is not enough to confirm intravascular lymphoma, and an early brain biopsy is of paramount importance to achieve a definitive diagnosis and to define therapeutic procedures.37,39,40

When primary intraocular lymphomas are considered, the imaging features are not specific and are frequently inconclusive. Conversely, the imaging features of orbital lymphomas often mimic other diseases. These diseases include metastatic disease, inflammatory pseudotumors, sarcoidosis, histiocytosis including Erdheim-Chester disease, meningiomas, cavernous hemangioma, ocular melanomas, and primary lacrimal gland lesions.1,41 In contrast to orbital pseudotumors, primary orbital lesions are painless.42

A DWI analysis is useful to distinguish between lymphomas and idiopathic orbital inflammatory pseudotumors, optic nerve sheath meningiomas and gliomas.43,44 The superior lateral quadrant and the extraconal space are typical locations of orbital lymphomas. An intriguing pattern is characterized by the infiltrative behavior of the tumor, which shapes the contour of the eyeball and typically crosses the bony limits. Osteolysis may not be present. Effective treatment responses were observed in the follow-up imaging of orbital lymphomas; however, several cases of local relapse were found.35

Neurolymphomatosis is extremely rare; therefore, this diagnostic possibility is often overlooked. This disease is often misdiagnosed as chronic inflammatory demyelinating polyneuropathy. The possibility of concomitant lymphoma arises when thickened cranial nerves, cauda equinae roots and/or peripheral nerves are demonstrated, particularly on MRI. Neurolymphomatosis should be considered in various types of neuropathy even when the diagnostic criteria for chronic inflammatory demyelinating polyneuropathy are met, particularly in patients who complain of pain.46

Metastatic tumors, including systemic lymphoma, may affect the leptomeningeal compartment with cranial nerve
or root thickening and variable contrast enhancement that mimics the imaging appearance of neurolymphomatosis. Additionally, hypertrophy of the cauda equina nerve roots is a nonspecific finding and may be observed in hereditary and acquired demyelinating neuropathies or in secondary neoplasias due to infiltration of the nerve roots by the neoplasm. Hypertrophy of the cauda equina nerve roots has been described as a likely paraneoplastic phenomenon in an elderly patient with lymphoplasmacytic lymphoma.\(^{47}\) In certain circumstances, the imaging pattern of neurofibromatosis may mimic the pattern of neurolymphomatosis; however, understanding the systemic features of this neurocutaneous syndrome will be useful to make an accurate diagnosis.

Primary lymphoma is a rare cause of myelopathies. Spinal MRI has demonstrated multifocal lesions with typical homogeneous gadolinium enhancement. Conus medullaris or cauda equina involvement is characteristic of primary intramedullary spinal cord lymphoma; however, a pathological confirmation often requires a CNS biopsy.\(^{48,49}\) Lymphoma of the spine may often occur in the bony, extradural-epidural, intradural extramedullary, or intradural intramedullary compartments and may mimic several different diseases. These diseases include metastatic tumors, infectious diseases particularly tuberculosis and epidural empyema, and inflammatory conditions, such as sarcoidosis and demyelinating lesions.

Figure 5 – A cranial vault lymphoma. An axial T2-weighted image (A) shows a small multicompartamental lesion in the occipitoparietal region (arrow). Axial diffusion-weighted imaging (B) shows restricted water molecule diffusion in the solid portions of the lesion. A comparative T1 image after intravenous gadolinium administration (C) shows an enhanced lesion that involves the scalp, the skull bone, and the pachymeninges and extends to the leptomeninges (arrowhead). A non-enhanced computed tomography scan (D) confirmed the absence of bone erosion.
Figure 6 – Lymphomatosis cerebri in an immunocompetent patient. An axial fluid-attenuated inversion recovery image (A) shows unspecific diffuse hyperintense areas on both brain hemispheres that cross the splenium of the corpus callosum with no mass effect. No contrast enhancement was observed (not shown). A comparative fluid-attenuated inversion recovery image (B) was obtained after two months without specific therapy confirming the extensive progression of the disease, and exhibiting confluent hyperintensity of both brain hemispheres, predominantly of the left. Minimal mass effect and no gadolinium-enhanced areas were observed. A proton magnetic resonance spectroscopy study (C) was useful to support a presumptive diagnosis and demonstrated increased choline levels and an increased choline/N-acetylaspartate ratio (>1.9), which were associated with reduced N-acetylaspartate levels and elevated lactate peaks.

Conclusions

PCNSL are distinctive and rare presentations of certain subtypes of lymphoma, generally the non-Hodgkin diffuse large B-cell type, and contrast-enhanced MRI is the imaging technique of choice to evaluate most patients and their variable presentations.

Modern neuroimaging techniques may help us suspect PCNSL earlier, which would result in timely treatment and less CNS damage. Radiologists and hematologists must be familiar with the role of these new advanced techniques, which may help in the differentiation of PCNSL and other mimic lesions.

Conflicts of interest

The authors declare no conflicts of interest.

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